

Session	Content	Format	Timing	Duration	Lead
Arrivals and refreshments			09:00 - 09:30	30 mins	N/A
Welcome and introduction	<ul style="list-style-type: none"> Introduce DocAbode colleagues Keynote 	Presentation	09:30 - 09:45	15 mins	Chris Garner & John Craig
Aligning UCR Initiatives with NHS Strategic Priorities	<ul style="list-style-type: none"> Context & challenges Pilot initiatives 	Presentation	09:45 - 10:00	15 mins	Briony Sloper & Lorraine Taylor
Key challenges in delivering UCR	Introduce ambitions	Presentation	10:00 - 10:05	5 mins	Chris Garner
	Ambition alignment	Mentimeter	10:05 - 10:10	2 mins	Chris Garner
	Identify challenges	Breakout groups	10:10 - 10:30	20 mins	Facilitators
	Feedback	Mentimeter	10:30- 10:45	2 mins	Chris Garner
			10:00 - 10:30	30 mins	
Break			10:30 - 10:45	15 mins	N/A
Case Study: DocAbode in NCL	<ul style="list-style-type: none"> Outcomes 	Presentation	10:45 - 11:00	15 mins	Chris Garner
Addressing key challenges in delivering UCR	Solutions & enablers	Breakout groups	11:00 - 11:40	40 mins	Facilitators
	Feedback	Mentimeter	11:40 - 12:00	20 mins	Chris Garner
			11:00 - 12:00	60 mins	
Open Forum Q&A, closing and next steps	<ul style="list-style-type: none"> Feedback form 	Presentation	12:00 - 12:15	15 mins	Chris Garner
Lunch & Networking			12:15 - 14:00	1 hr 45 mins	N/A

Breakout exercise 1: Key challenges in delivering UCR



 Core Offer	
 Mutual aid	
 Sustainable workforce	
 Higher acuity	
 More capacity	
 Value for money	

Breakout exercise 1: List of challenges



Workforce



- Staffing shortages/volatility of existing staff availability
- Over-reliance on temporary/bank/agency staff
- Inefficient use of staff capacity and time
- Recruitment and retention
- Training and development gaps
- Inappropriate referrals

Process/Operational



- Lack of real-time data and visibility
- Poor patient flow, bottlenecks and discharge delays
- Ability to service changing acuity case-mix
- Siloed workforce across the same pathway
- High dependency on manual processes
- Lack of understanding of true capacity

Technical/Information Governance



- Legacy systems
- Lack of integration across platforms
- Data security and privacy concerns
- Ineffective triage systems
- Inaccurate or incomplete patient data
- Over-reliance on telephone and manual allocation systems

Financial



- Unclear on funding routes
- Short sighted planning of central financials
- Creating a business case
- Proving the ROI (Trust / ICB / Regional)

Accelerating Out-of-Hospital Care through Technology- Enabled UCR

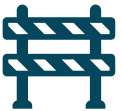
23rd January 2025

**Please sit on a table with people
you don't know!**

Objectives for today's workshop



Establish a shared ambition



Agree top challenges facing UCR



Identify potential solutions to overcome these challenges



Discuss what you would need as a system to implement these solutions

Introduction

Introductions...



Chris Garner

Ass. Director for Community
Service Development
NHS North Central London ICB



**Leading NCL's Community
Transformation Programme**



**Succeeded in securing buy in for Doc
Abode in NCL**



**Established the Promoting Impact of
Community Services (PICS) forum**

The NHS is on a burning platform



The NHS is facing unprecedented challenges



Waiting times for hospital procedures have ballooned



A&E departments are in crisis



People are struggling to get access to their GP



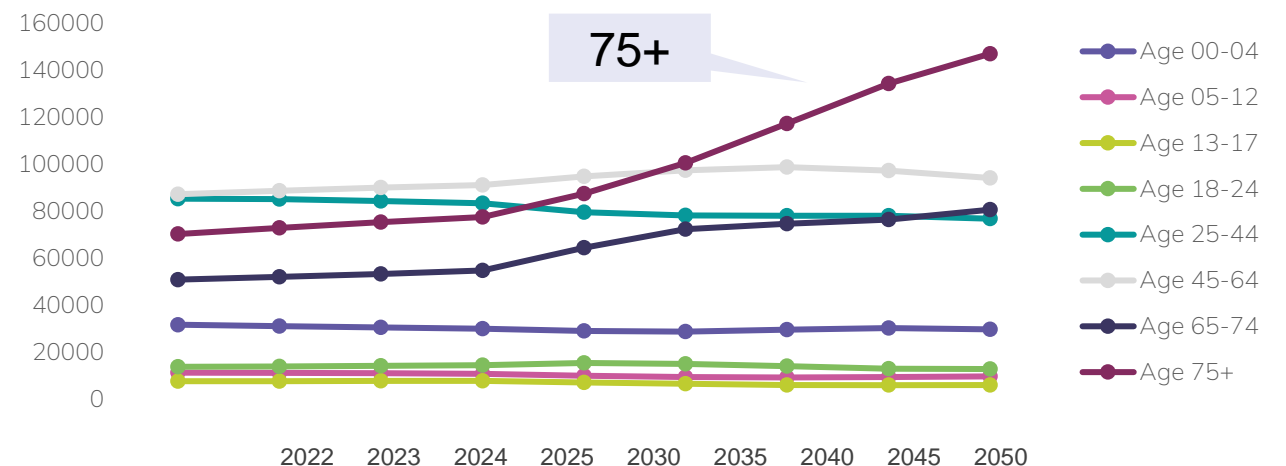
Mortality for many diseases have increased



The NHS is costing more than ever

And it's going to get worse if we don't do something different

- With demographic changes this will be unsustainable operationally, financially and from acute estate constraints
- In 5 years, NCL would need an entire 400 bedded hospital just to cope with increased levels of non-elective demand.
- By 2050, NCL will have an additional 70,000 over 75s



The underlying cause of this that the NHS is over-reliant on hospitals to treat patients



There are three fundamental problems with our current reactive model of care:

- 1 Waiting until people are sick is the **least clinically effective** way to pursue health outcomes
- 2 Waiting until people are sick is the **most expensive** way to pursue health outcomes
- 3 It **reinforces health inequalities** and makes it hard to have an empowering relationship

The evidence for the case for shifting left is stronger than it has ever been



Systems that invested more in community care saw **15% lower non-elective admission rates and 10% lower ambulance conveyance rates.**

The reduction in acute demand associated with this higher community spend could **fund itself through savings on acute activity**

For every £1 invested in community or primary care, there is up to a **£14 return back into the economy**

Despite financial challenges, there is a political opportunity to deliver change now



“Despite the often-repeated ambition to shift more care and health care resources into services “closer to home” [...] funding for NHS **community health care services** was cut in real terms in three out of the six years between 2016/17 and 2022/23” - *Nuffield Trust*

NHSE

Darzi report

Government's Three Shifts

Get Britain Working

Amanda Pritchard:

“Over the next ten years we have both the need and the opportunity to **move from a reactive model of health care to a proactive model** of health and well-being”

- Improving quality of **community data**
- Improving **productivity** within community services
- Investing in **digital solutions** in the community
- Hardwiring **financial flows** to expand community services

Wes Streeting MP:

“My first visit as health secretary was to a GP practice because **when we said we want to shift the focus of the NHS out of hospitals and into the community, we meant it.**”

Kier Starmer:

Addressing economic inactivity due to health through effective community-based treatment of long-term conditions and improved population health can drive population growth

North Central London is showing the blue-print for HOW this can be done



Establish a core offer

Commit to investing

Measure system impact



Creates **awareness of the benefits** of proactive care



Sets **consistent expectations** across the system for service performance, access and outcomes



Allows providers to understand their **relative productivity** against the service description



We secured system-wide commitment to invest over **£50m over 5 years** and for 24/25 we agreed a **£3m re-allocation of funding** from acute to community services.



Identifying the **services that have high OBD-avoidance**



Leverage **digital solutions** to achieve highest ROI interventions into those services



Non-elective occupied bed days (OBDs) are the **hero KPI**



One of the barrier to shifting left is the **confidence in the impact** of community services on hospital demand

NCL is working with NHS Confed and NHS England to create a **SLIDE (Shift Left Investment Decision Evaluation) Tool** to overcome the barriers to change



Aligning UCR Initiatives with NHS Strategic Priorities

UCR policy context & priorities

- High priority focus area nationally and regionally
- Numerous policy documents and directives linked to UCR – and more to come
- Seen as key for Urgent and Emergency Care recovery
- Historical variation in community services - commissioning, operating models
- Workforce, data, finance challenges
- Key programme for London, it's a journey!



- Integrated operational pressures escalation levels (OPEL) framework 2024 to 2026
- Delivery plan for recovering urgent and emergency care services – January 2023
- Winter & H2 priorities
- Winter 2024 Additional guidance for managing winter pressures

London UCR service provision



NORTH-WEST LONDON

Three UCR service providers in NWL:

- Central London Community Healthcare NHS Trust
- Central & North-West London NHS Foundation Trust
- West London NHS Trust

NORTH-CENTRAL LONDON

Four UCR service providers in NCL:

- Central London Community Healthcare NHS Trust
- Central & North-West London NHS Foundation Trust
- North Middlesex NHS Trust
- Whittington Health NHS Trust

London has UCR services in place for all 32 boroughs:

- 16 UCR service providers across the 5 ICBs
- Some providers work across ICB footprints
- All providers deliver a minimum 7 day a week service 8am to 8pm (many provide extended service hours)

SOUTH-WEST LONDON

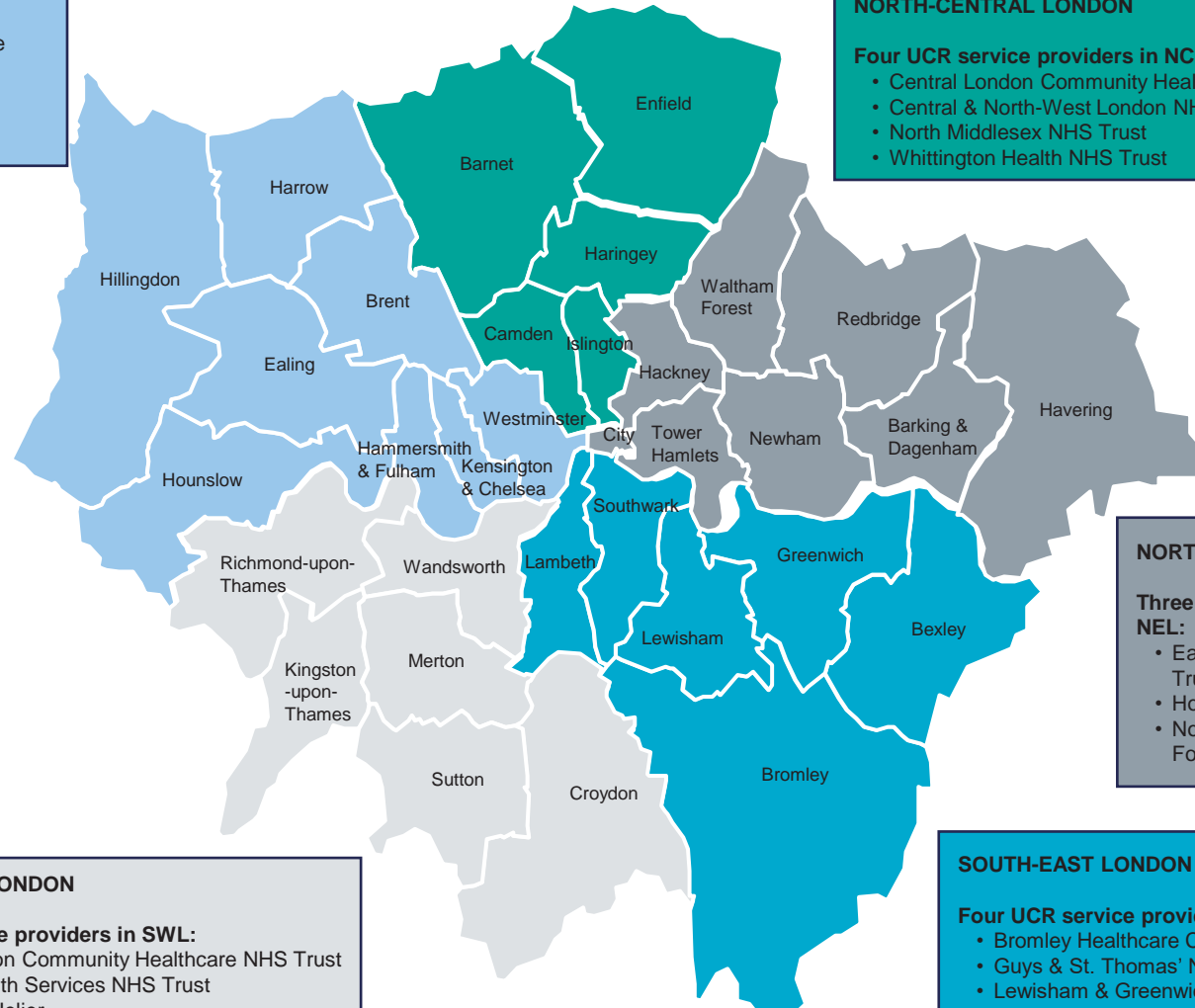
Five UCR service providers in SWL:

- Central London Community Healthcare NHS Trust
- Croydon Health Services NHS Trust
- Epsom & St Helier
- Kingston & Richmond Foundation Trust (Hounslow & Richmond Community Health)
- Your Healthcare CIC

SOUTH-EAST LONDON

Four UCR service providers in SEL:

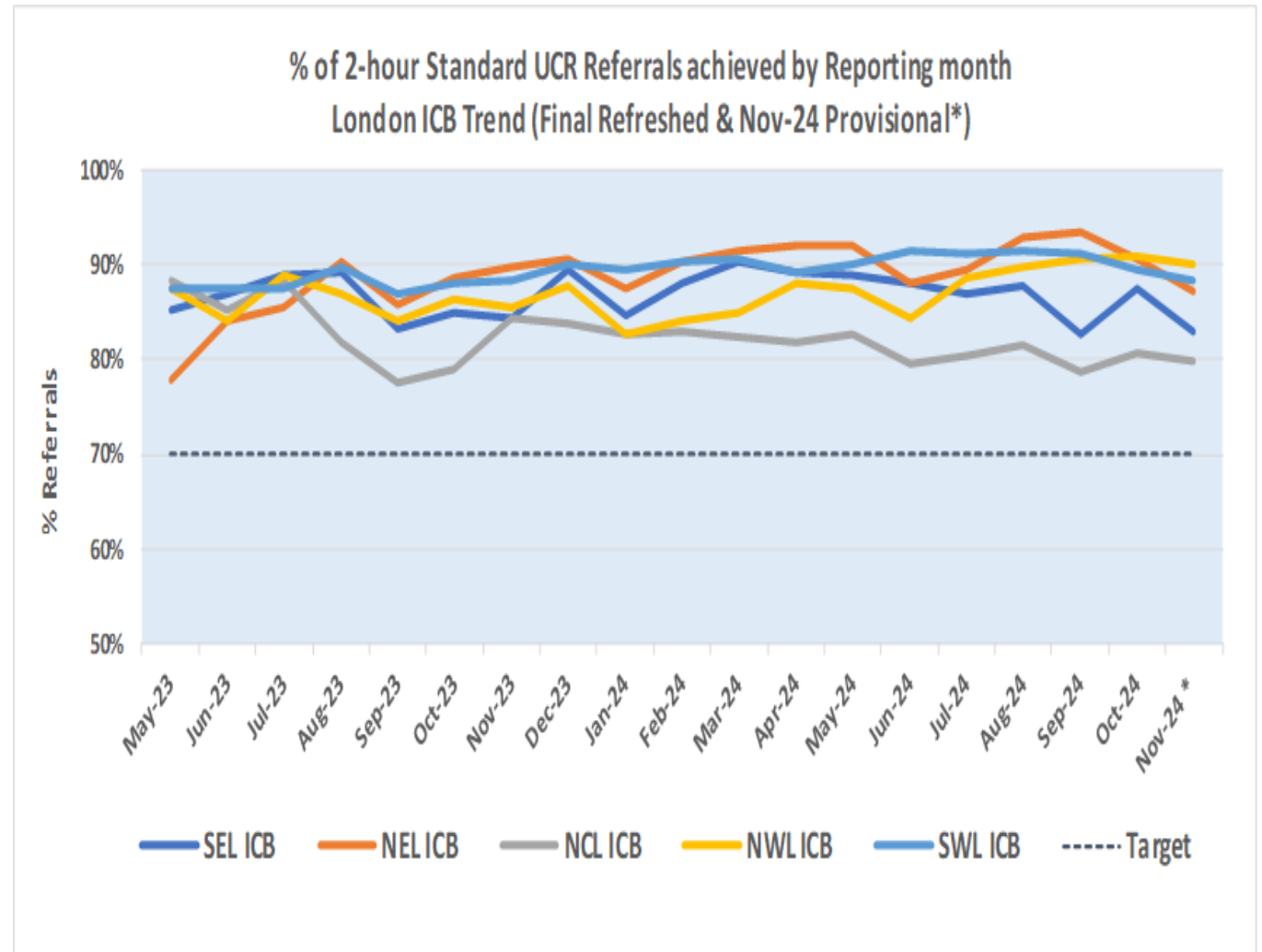
- Bromley Healthcare CIC
- Guys & St. Thomas' NHS Foundation Trust
- Lewisham & Greenwich NHS Trust
- Oxleas NHS Foundation Trust



% 2-hour standard UCR referral target



- UCR services have a performance target to ensure that 70% of their standard referrals which meet the criteria for 2-hour service are seen within 2 hours.
- London region and each of its ICBs have been meeting the 2-hour target since 2023
 - Latest data shows that 89% of London's UCR referrals were seen in 2 hours (5% higher than 84% national average) and four of the London ICBs (NEL, NWL, SEL & SWL) exceed the national 84% average.



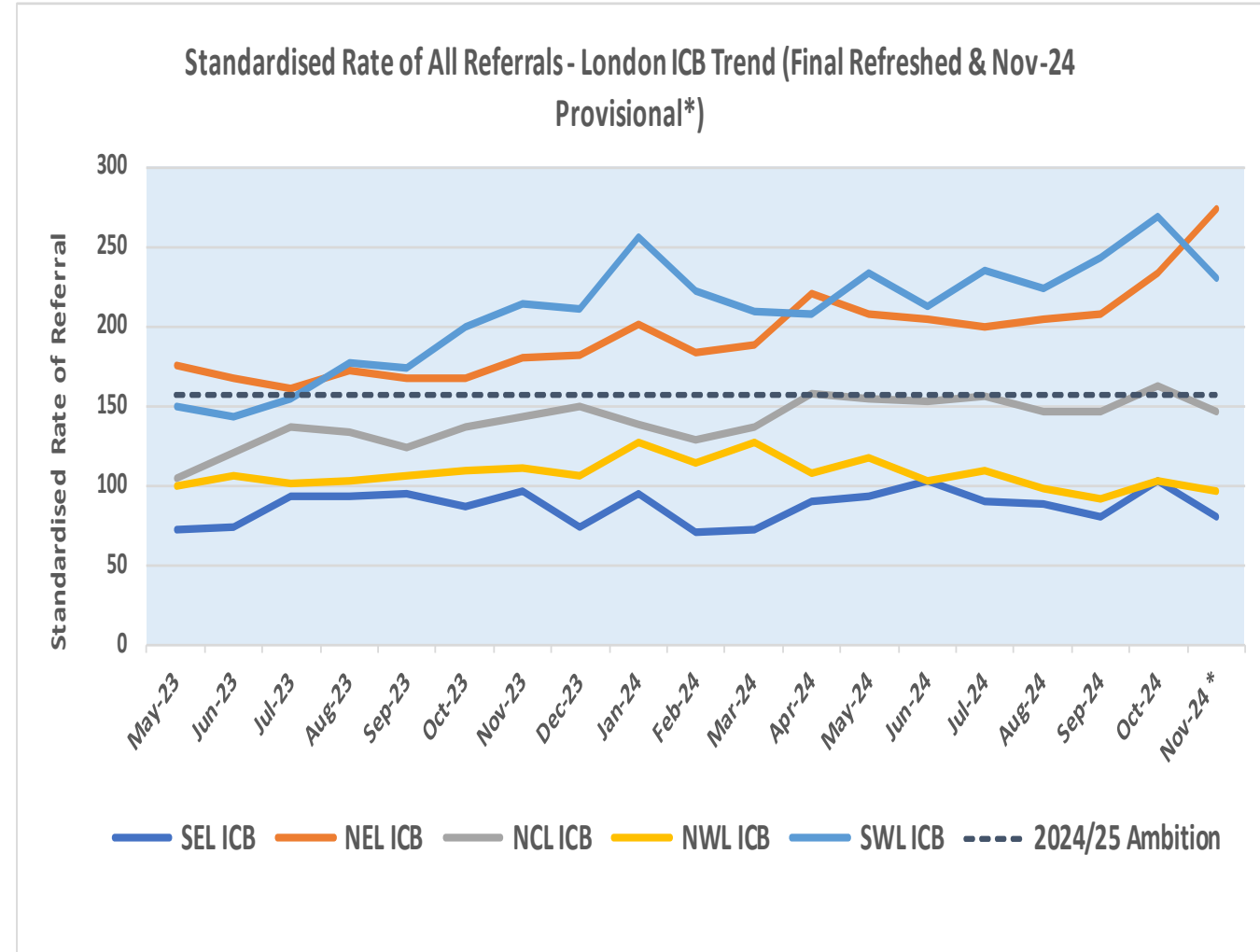
UCR trajectory ambition



As part of a national approach to help address variation, in July 2024, all ICBs were informed of a new trajectory ambition to monitor UCR activity. This national trajectory, based on an age-sex standardised rate, is currently set at 157 referrals (all referrals) per 100,000 population.

October's final (refreshed) CSDS data shows:

- London average is 169 (the national average currently 176)
- SWL & NEL & NCL currently exceed the 157 national trajectory ambition (269, 233 & 162 respectively)
- SEL & NWL are below the national trajectory ambition (104 & 103 respectively)
 - SWL & NEL have exceeded the trajectory ambition since its launch in July 2024.



London journey



Phase one – 2022 to Dec 2023:

- Establishing & supporting delivery of UCR services in line with national requirements (e.g. 8am-8pm, 7 days a week & clinical conditions/care requirements)
- Reviewing, quantifying & articulating progress (service requirements & 2-hour delivery target)
- Identifying areas for improvement in UCR service provision & sharing examples good practice

Governance/ reporting

- Established UCR Delivery Board, ICBs Leads & Winter Resilience Falls groups
- Produced regular reports/deep dive analysis & presented various events UCR operating plan submission & review

Data & analysis

- Developed monthly UCR data reports
- Produced ad-hoc reports: UCR service hours & provider overview; care homes conveyance project, unwarranted variation, domiciliary care survey & pendant alarms analysis

Projects

- Care homes - UCR service awareness campaign
- Pendant alarms - identifying TEC providers
- UCR communications toolkits (+ animation video)
- National winter funding projects

Sharing examples good practice

- Falls & UCR & TEC Webinars
- Winter funding initiatives results
- ICBs initiatives such as silver triage pilot (NCL), push pilots (NEL), & care homes (SWL)
- UCR service escalation & close principles

London journey



Phase two – January 2024 to January 2025 onwards:

- Addressing variation & improving consistency of service offer across London
- Supporting transformation & improvement projects

Winter 2023 - Spring 2024:

- NWL – continuation of centralised UCR SPA approach for 9's & 1's
- Supported LAS training events
- NEL hosted UCR improvement network event

Summer 2024:

- Monitoring & review UCR trajectory ambition
- NCL launched centralised UCR referral number
- SEL care homes webinar
- Referral source & reason coding analysis

Autumn/Winter 2024:

- Supported national TEC webinar - show casing London achievements over the last year
- Catheters UCR service mapping exercise and CSDS, MiDoS & care homes data analysis

In the background...

- Established & built relationships with key partners such as LAS, 111 providers, SDEC, VW & TSA
- Developed content for monthly data report
- Held themed pathway discussions at UCR Delivery Board meetings
- Undertaken activities to help achieve UCR trajectory ambition

Winter 2024 – Spring 2025:

- SWL launched pilot of extended UCR service hours
- SEL launched pilot central UCR referral number for 9's services
- UCR referral & triage good practice principles
- NEL hosting self referral learning event – end Jan
- Rejection analysis (CSDS & MiDoS) underway

Current challenges



- Complexity of service provision:
 - 16 UCR service providers across the 5 ICBs – linked to historic commissioning arrangements
 - limited detail & specificity in UCR guidance resulting in variable interpretation

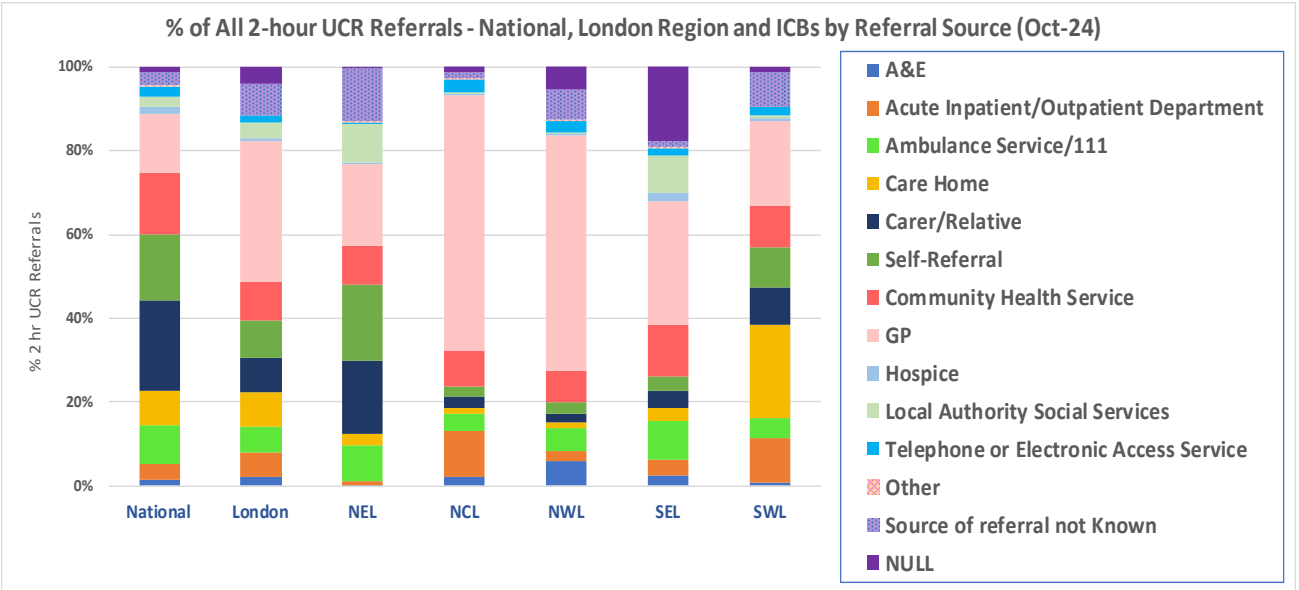
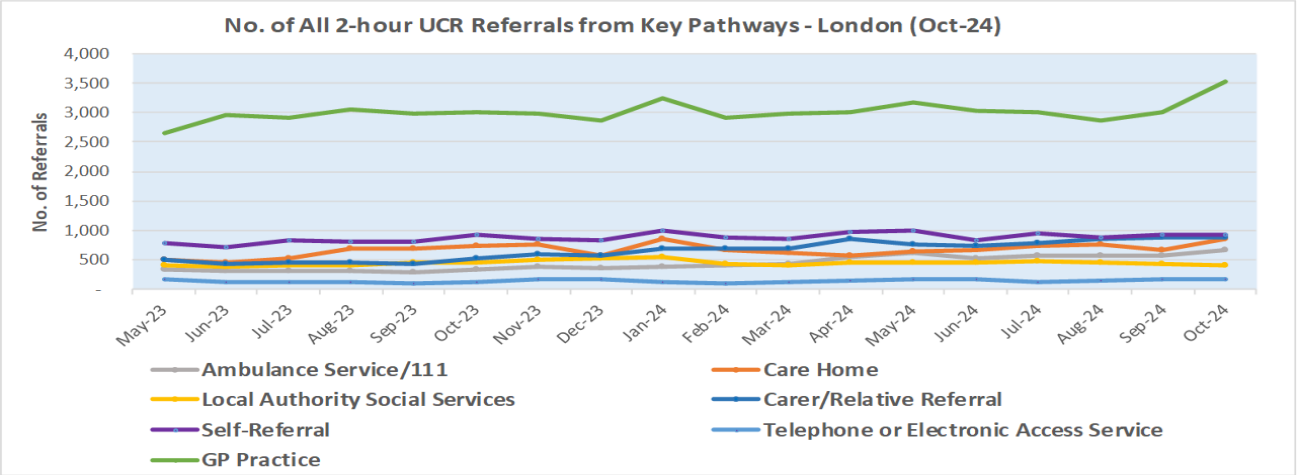
Consequently, continues to be some variation in UCR...

- opening hours & initial service contact arrangements
 - service/team configurations & associated skills mix & workforce gaps for specific referral requests
 - operating models and associated referral processes and acceptance & exclusion criteria
- Visibility of UCR service demand & capacity assessments, including:
 - referring organisations awareness of services reaching capacity and therefore unlikely able to accept referrals
 - time taken to update DoS when UCR service temporarily unable to accept referrals
- Data quality & completeness, in particular, UCR referral source & reason and rejections reasons
 - further complicated by changes in source of referral coding requirements (Feb 2024)

Current challenges continued



- UCR referrals from key pathways have generally steady been over the last 18 months
 - GP & self/carers/relatives are London's highest referral pathway
 - Telephone or Electronic Access Service the lowest
 - London also continues to have low ambulance & 111 referral rates and numbers (despite being national referral priority area).
- There is some variability in referral sources across the ICB's, with:
 - NCL, NWL & SEL reporting GP's as their main referral source
 - Referrals in SWL & NEL are fairly evenly distributed across a range of sources (albeit with care homes and GP's being the highest categories in SWL; and self-referrals, carer/relative & GP's in NEL).



Proposed UCR priorities: 2025/26



- **Improving UCR service provision & response for high volume UCR pathways such as catheters & falls**
 - progressing next steps following catheters UCR service mapping results (with ICBs/service providers & LAS)
 - reviewing how clinical conditions defined and operationalised (and related inclusion/exclusion criteria)
 - planning to undertake falls mapping exercise (spring 2025)
- **Improving referrals from key pathways such 111/999 services & pendant alarms**
 - raising awareness & supporting communication activities and training events
 - reducing number of clicks to UCR on 111 pathways & undertaking missed opportunities falls & catheters audits with 1's/9's services
 - ...also keen to pilot pull and other 9's referral approaches successfully developed in other regions
- **Analysing CSDS & other data sources & sharing learning**
 - improving CSDS coding and completeness – particularly referral reason & source of referral
 - reviewing UCR referral and rejection rates & patterns to help identify required service improvements areas
 - supporting achievement of UCR trajectory ambition where needed
- **Sharing learning to help improve consistency where needed and help reduce referrer complexity**, such as
 - various pilots underway (e.g. extended service hours, centralised telephone numbers/ UCR SPAs,) and referral pathway approaches (such as self referrals, care homes)
 - potential pathway alignment opportunities (such as SDEC & VWs)
- **Developing UCR service demand & capacity assessment approaches & live and visible dashboards**
 - assessing current demand and available capacity within individual services & across ICB
 - implementing UCR related escalation & close principles & improving live capacity information on the DoS

Agreeing ambition and challenges facing UCR services

Six ambitions have been identified to promote integrated system and regional working for UCR



Standardised Core Offer

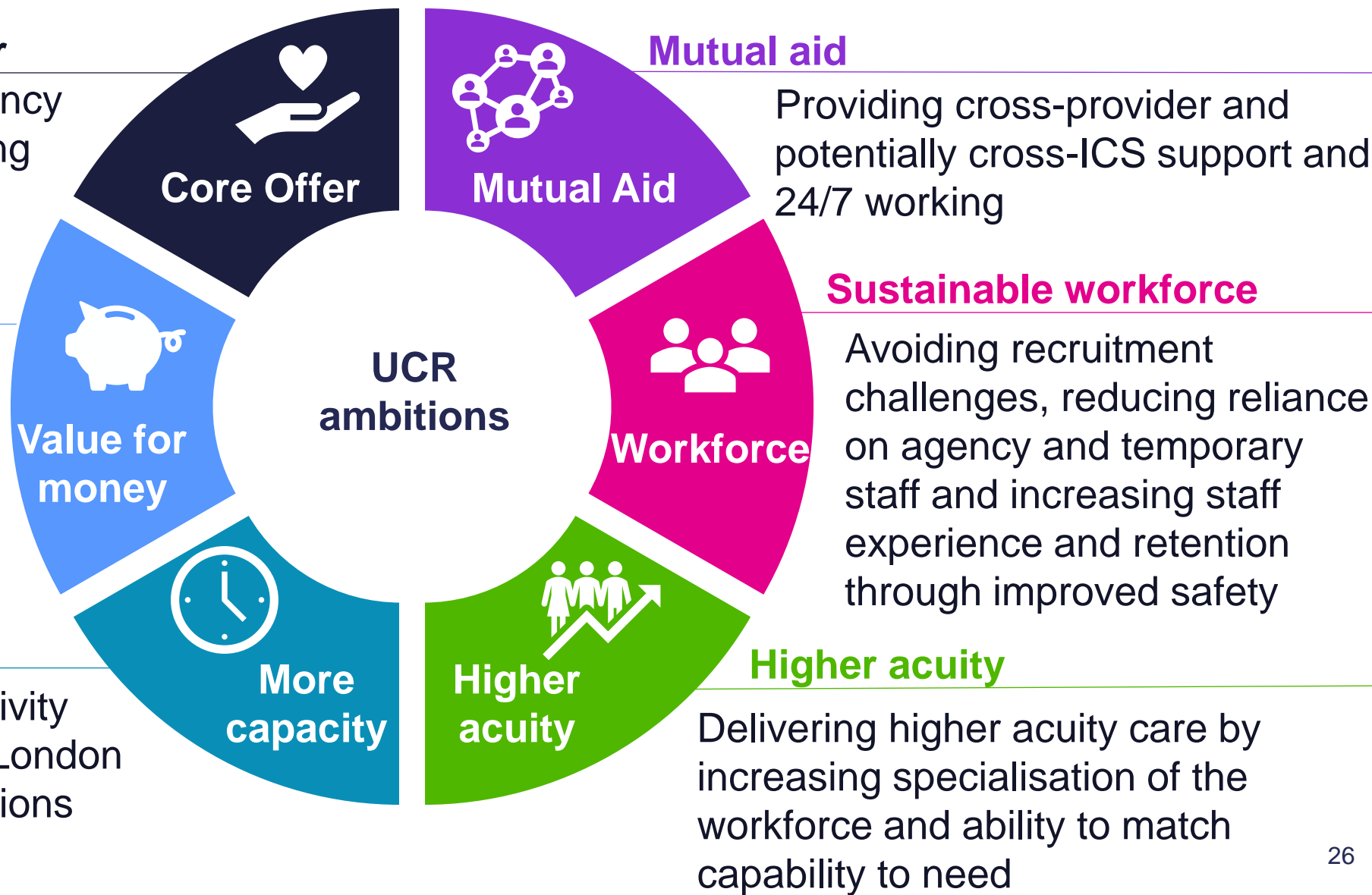
Ensuring greater consistency in the criteria and operating models for UCR services across London

Value for money

Increasing value for money for systems and providers enabled through more productive working

Increased capacity

Increase capacity and activity for UCR services across London to reduce hospital admissions



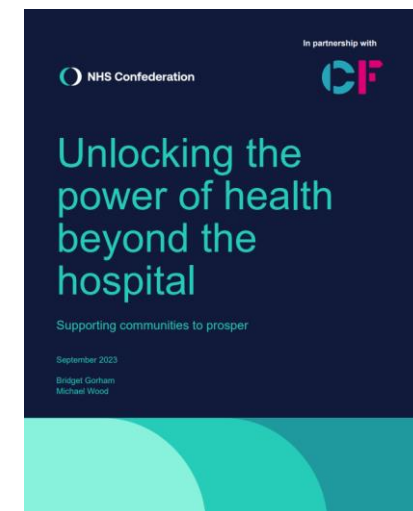
NCL Case Study

Understanding our services, we developed a core offer, starting a 5-year transformation programme



Partners Involved In Design Workshops

Primary Care
Community providers
Local Authority
Acute providers
Commissioner Borough & Strategic
Voluntary Sector
Residents/Users/Carers



Featured as national best practice in landmark NHS Confed paper

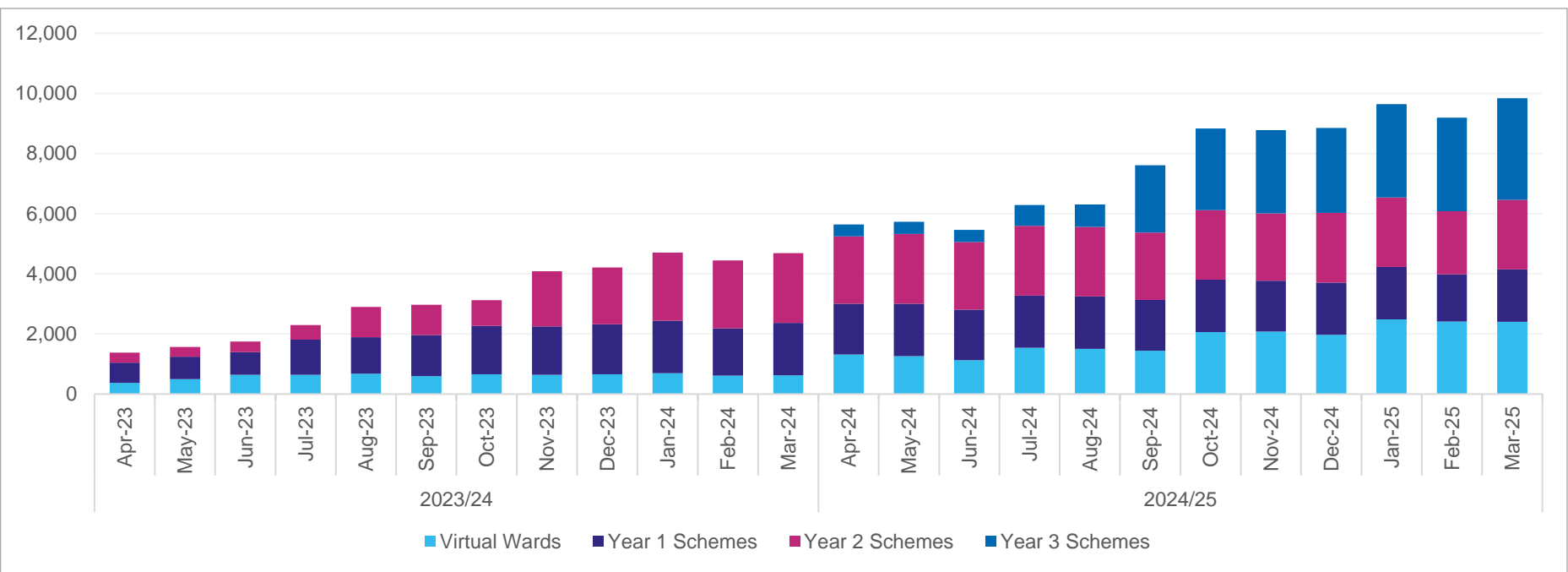
September 23

From schemes in years 1-3, the total potential impact may be as much as 92k OBDs



Forecast Occupied Bed Days saved by scheme, Year 1, 2 & 3

Acute bed days saved¹



Our ‘do nothing’ **scenario** projects OBD growth of 3.4% in 24/25, requiring an **additional 80 escalation beds**.

Over the course of years 1, 2, and 3, including virtual wards and NHS P1 schemes, our modelling indicates that the investment schemes will result in a **projected saving of 92,159 OBDs (equivalent to an additional ~80 beds saved year on year)**.

Funding Year	2023/24				2024/25				Year Totals	
	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	2023/24	2024/25
Year 1 Schemes	2,181	3,761	4,874	5,061	5,118	5,174	5,174	5,061	15,877	20,526
Year 2 Schemes	1,000	2,497	4,582	6,834	6,796	6,870	6,870	6,721	14,913	27,258
Year 3 Schemes	0	0	0	0	1,216	3,673	8,303	9,596	0	22,788
Virtual Wards	1,507	1,901	1,959	1,936	3,702	4,480	6,110	7,294	7,302	21,587
Total	4,687	8,159	11,415	13,831	16,831	20,198	26,458	28,672	38,092	92,159

Source: ¹ICB modelling of provider assumptions

Examples of high impact community services investments that have created system impact



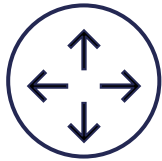
CORE OFFER	IMPACT OF INVESTMENT	ECONOMIC IMPACT VIA ACUTE DEMAND
Virtual Wards	The number of virtual ward beds in NCL increased from 118 beds in January 23 to 185 beds in April 24	This appears to be contributing to system pressures as during the same period, the number of G&A escalation beds open fell
Silver Triage Care Homes Scheme	Ensure more older people living with frailty receive urgent care in their home setting through a consultant on call	Reduction in patients conveyed to hospital (when using the service), from 75 per cent in 2018 to 20 per cent today
UCR Capacity	NCL continued to exceed the national 70% target for 2-hour referrals	7500+ OBDs saved a year from meeting Core Offer in Barnet
Falls Prevention	Moving from 5-day to 7-day service	40% reduction in ED attendance & resulting NELs associated with falls/repeat falls
Tissue Viability	This will deliver a consistent service provision with improved wound care outcomes across NCL	In 2021/22 a total of 21,141 bed days in NCL hospitals were for patients with leg ulcers

Doc Abode

???

What is Doc Abode?

DOC ABODE IS 'AIR TRAFFIC CONTROLLER' FOR URGENT CARE
Workforce scheduling technology solution that integrates with existing EPR solutions and **automates scheduling of caseloads**. The system leverages real-time data to **match clinical expertise with patient needs**.



1

**Digital solution to
workforce scheduling**



2

Better data



3

Safer staff



4

Cross-boundary working

1. From scheduling UCR on whiteboards, paper and phone calls to a digital platform



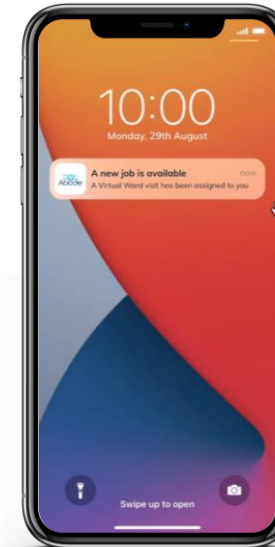
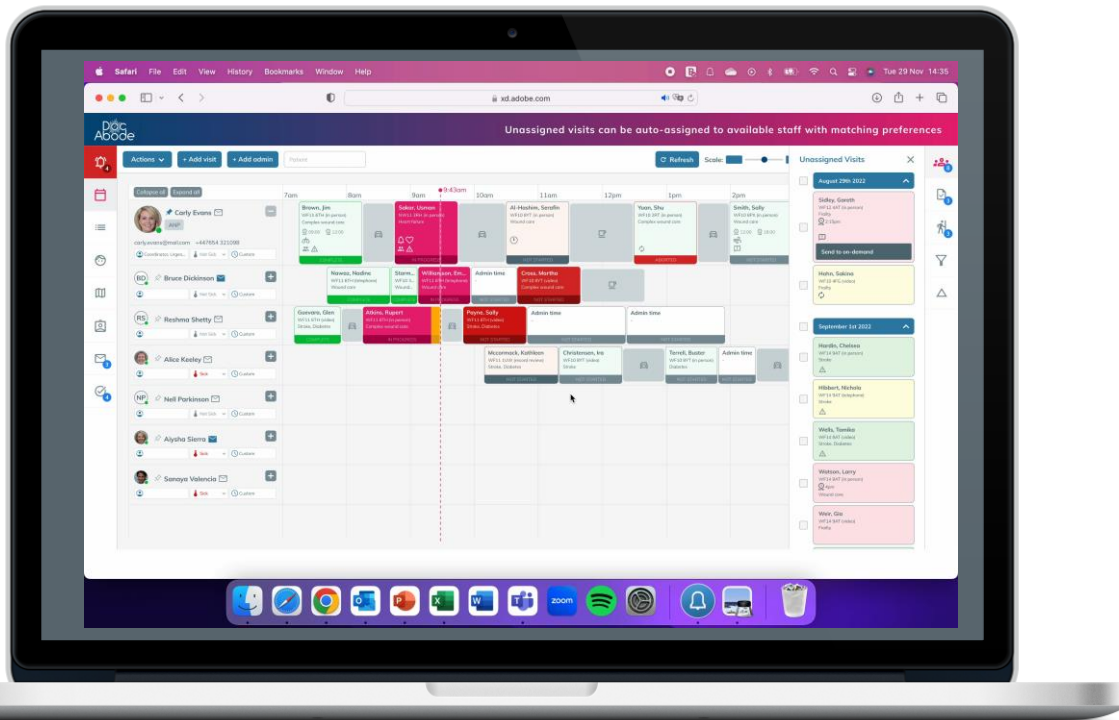
Scheduler's needs:

- I need automated allocation of referrals where there is capacity available.
- I need automated updates to frontline staff schedules and changes.



Frontline staff's needs

- I need live allocation updates and schedule changes.
- I need optimised routes and real-time travel updates to minimise travel time and avoid travel disruption.

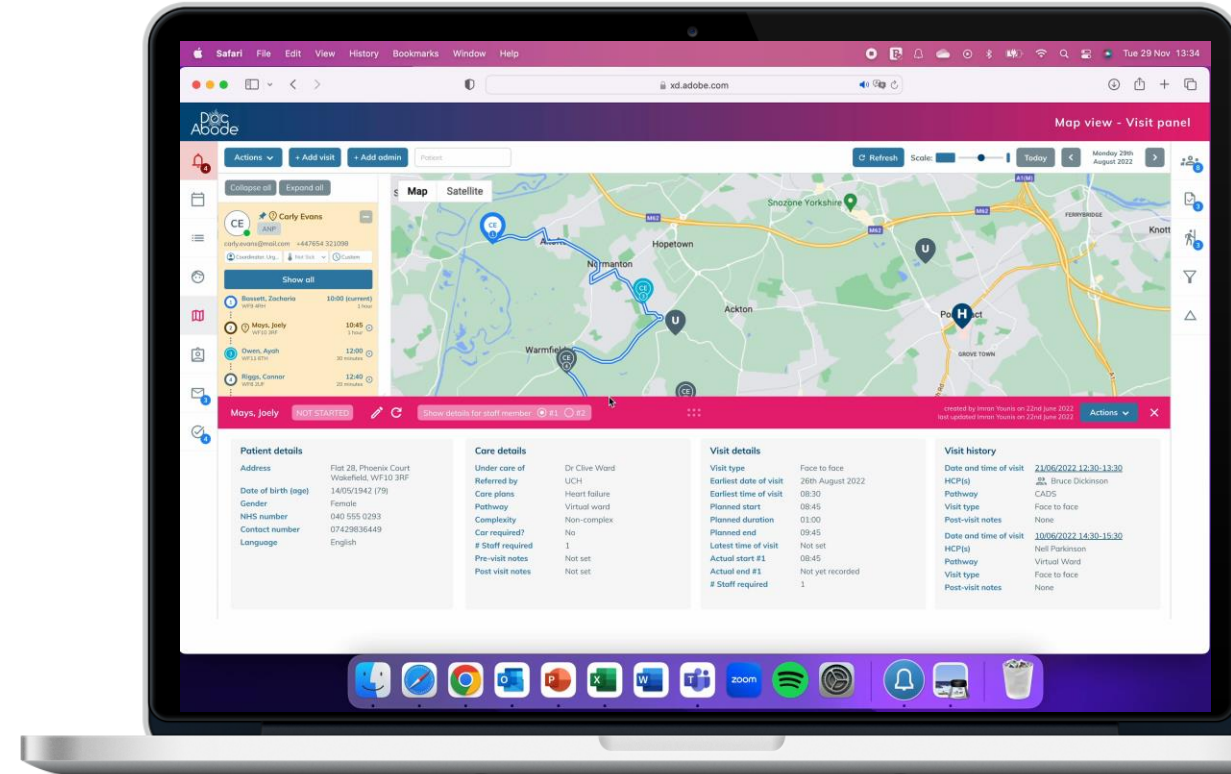
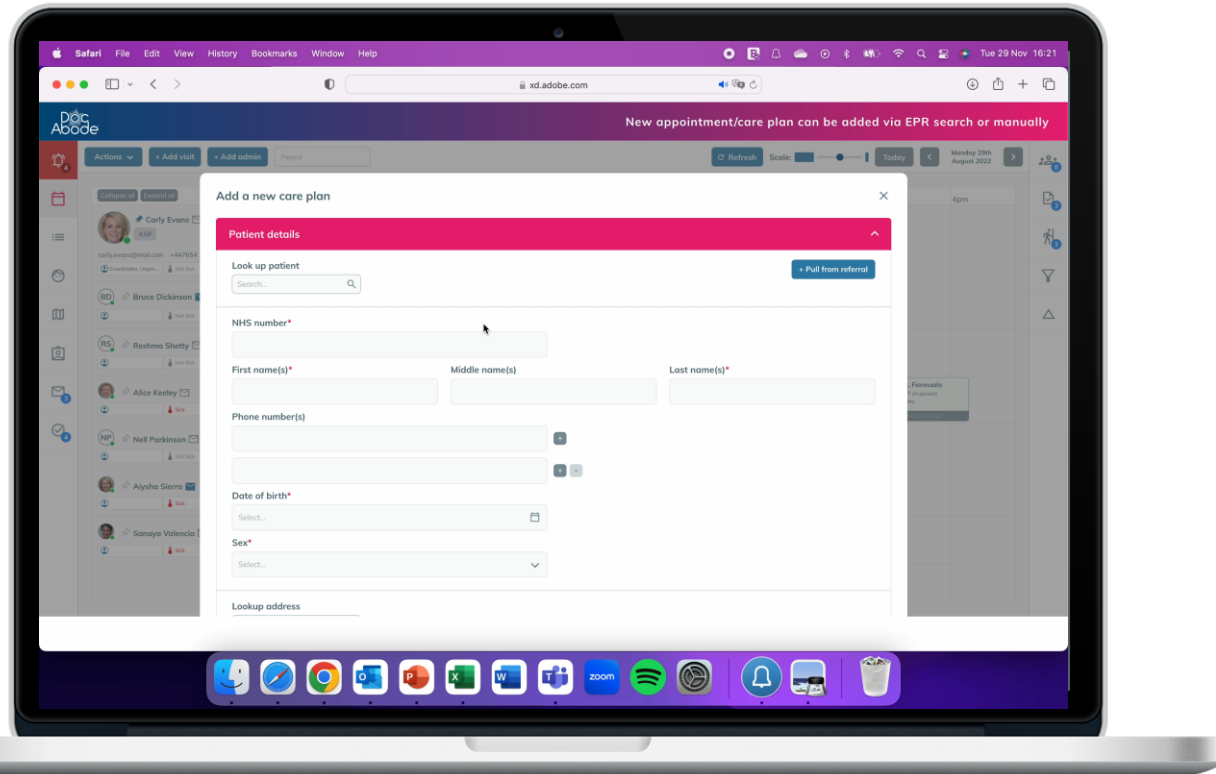


2. Real time visibility and more accurate data



Scheduler's needs:

- I need visibility of frontline staff progression of visits/interventions.
- I need help populating dynamic schedules by matching patient needs and location with staff competency and proximity.
- I need the ability to see the time allocated per appointment/intervention vs actual time.



3. Better staff experience and feeling of safety



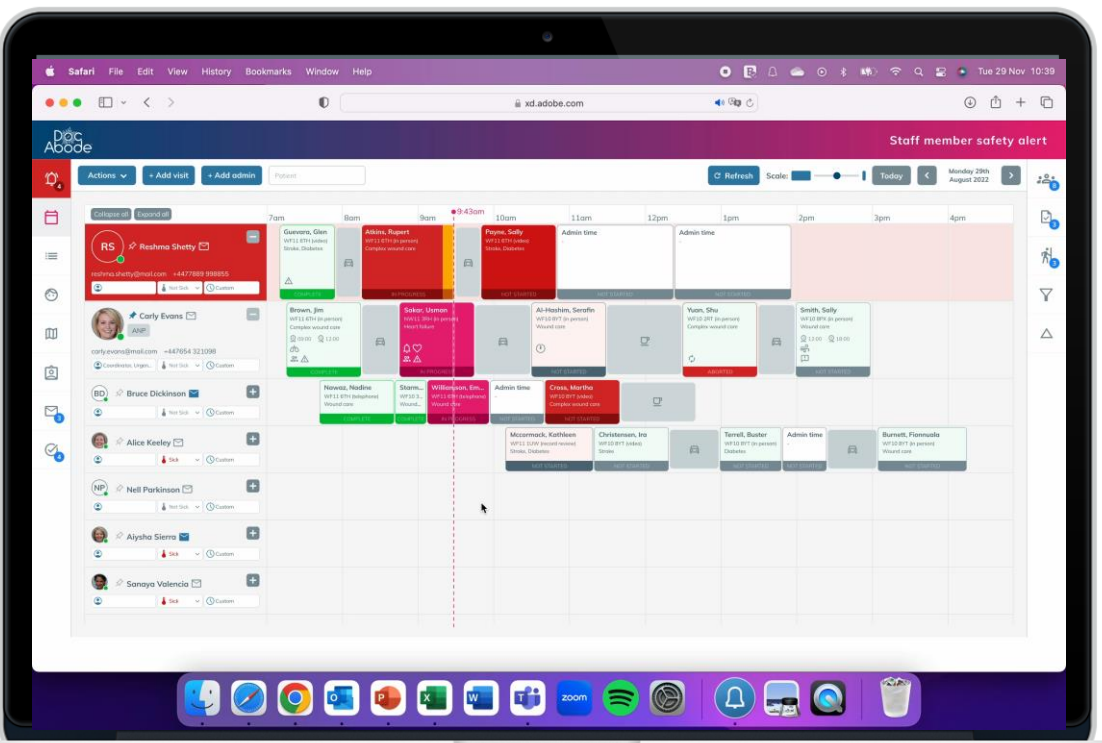
Frontline staff's needs

- I need to be able to escalate an emergency quickly to my scheduler/team lead/clinician-of-the-day.

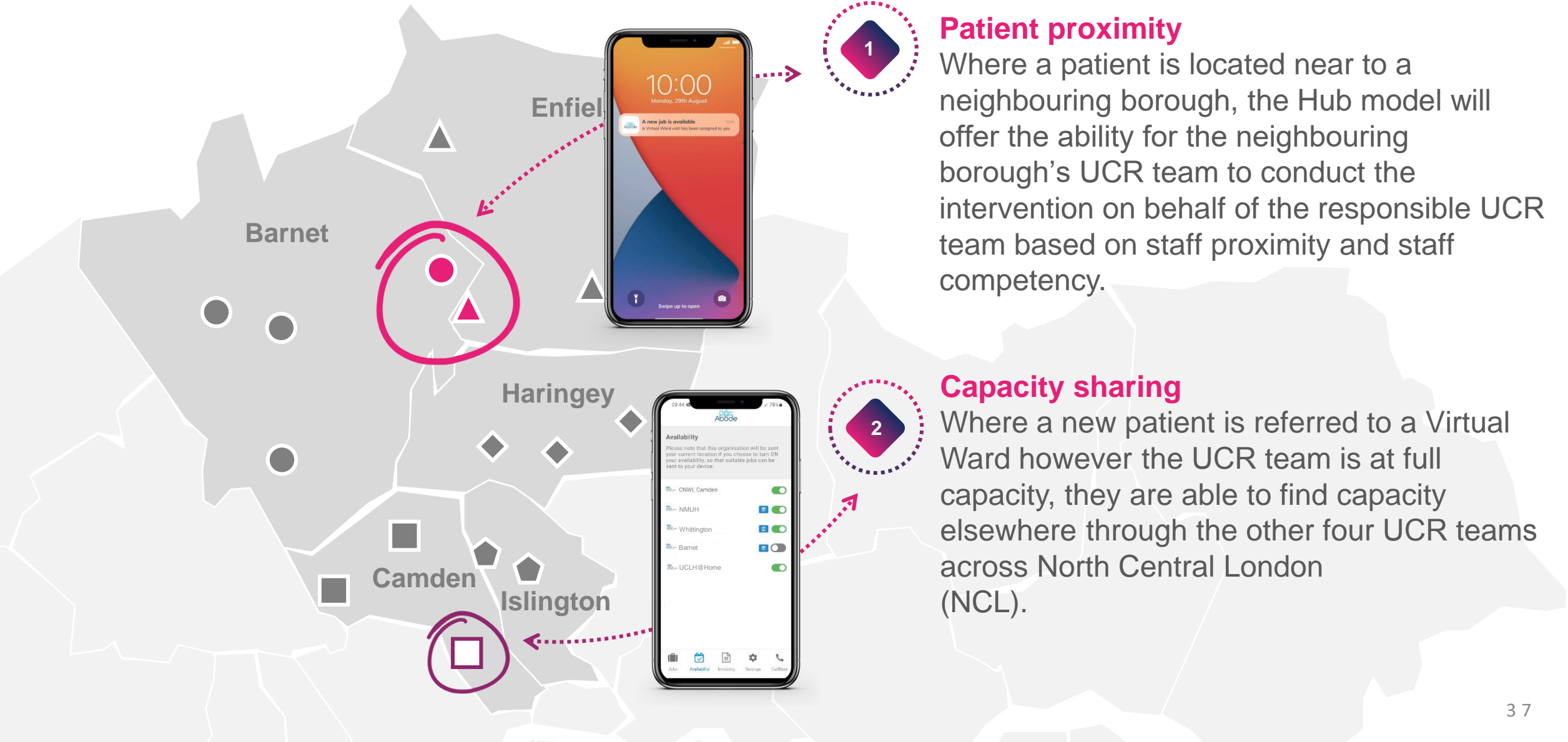


Scheduler's needs:

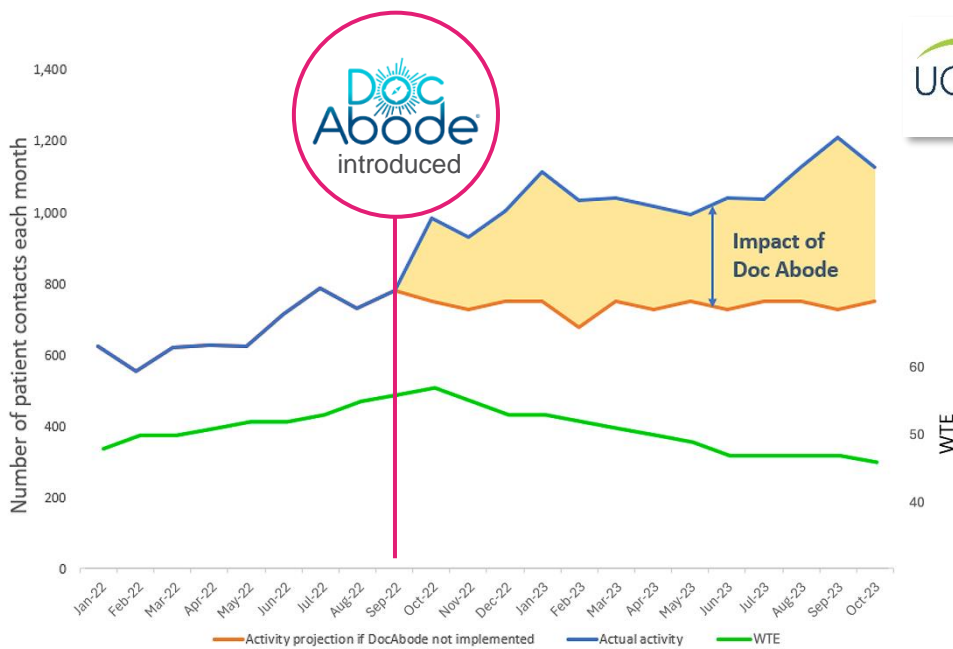
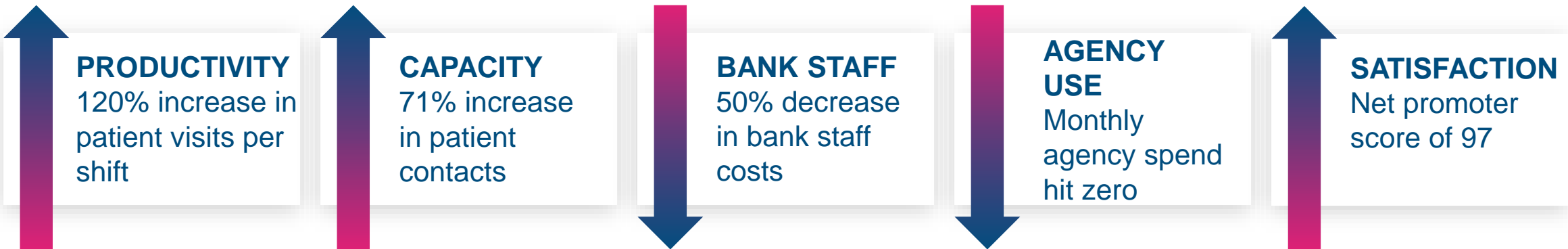
- I need to be notified immediately of any emergencies from frontline staff out in the 'field'.



4. Cross Boundary working to enable mutual aid



Doc Abode is the highest ROI investment the CSR has made in 3 years, with a potential in year ROI



ROI modelling: Based on a **30%** increase in productivity across the **London Region UCR Providers**, Doc Abode could...

...support
89,034
additional urgent
care contacts

...help release
146,212
occupied
bed days

...save over
£76.3m
per year





UCR Enablers

SRO: Chris Garner

System Lead: Jo Stronach

NCL Programme Lead: Emil
Bohl

Project Start: Mon, 01/04/2024

Display Week:	1
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1. Readiness questionnaire
2. Secure buy-in from CEO, COO, CFO, IT Team, Operational teams
3. Agree investment to implement
4. Procurement
5. Information governance approval (DPIA)
6. Systems integration
7. Operational transformation
8. Pilot
9. Launch
10. Impact assessment

Doc Abode can support the delivery of our ambitions for UCR



Standardised Core Offer

Value for money

Increasing value for money for systems and providers enabled through more productive working

Increased capacity

Increase capacity and activity for UCR services across London to reduce hospital admissions



Breakout exercise 2: Addressing key challenges in delivering UCR



For our collective ambitions, take up to 40 minutes to discuss the following questions:

1. **What are the solutions we should undertake to achieve our collective ambitions for UCR?**
2. **What would you need in order to implement these solutions?**

Consider:

- technical, operational and financial requirements
- stakeholder buy-in
- where support can be accessed NHSE, London Region?

Following the discussion, you will be asked share **the approach you think should be prioritised** and **your main need to implement it**

Please scan this QR code and rank your tables view on the talking points



Or join using menti.com –
CODE 6501 9804