# Introduction of a Parent Preterm Passport at Royal Free and Barnet Hospital

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## **Background and Aim**

The Royal Free trust group is made up of Barnet, Chase Farm, Hampstead and the North Middlesex site since January 2025. Barnet and Hampstead sites have approx. 8500 deliveries per annum and North Middlesex 3980 per annum.

#### Neonatal levels:

- . Barnet: Level 2
- . Hampstead: Level 1

#### **Objectives:**

1. All parents that are at risk of having a preterm birth will work collaboratively with the multidisciplinary team to achieve the best outcome for their baby(ies) and the family.

2. That there is a shared understanding of the clinical needs for the preterm

baby and that they are all met in a timely manner.



#### Multi-site working

• Cross site huddle each morning at 11.00; ask "are there any pre terms?". Also now ask "have they had what is required to optimise the neonate steroids etc, do they need to be transferred out?".

. Named Quad for maternity, obstetrics and neonates, agreed guidelines across sites, collaboration with service users to develop an information leaflet, and joint fortnightly minutes and progressive action plan **Golden Drops** 

#### **Measures**

**Optimisation** 

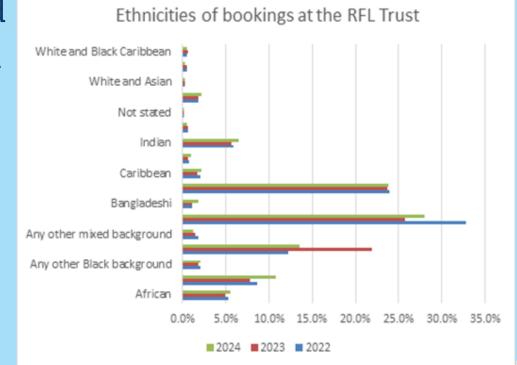
Baseline data for the past two years is sourced from our Cerner EPR:

Number of preterm births

We plan to put all data into an SPC for further outcome monitoring and look forward to the results later in the year.

# November 2023 Number of multiple births 10 babies <34 weeks born at Barnet . Number of referrals from other units We also report quarterly on all 9 components of the passport. **Results**

the monthly report widely has increased awareness and engagement of staff.



(Data above is currently not available for the NMUH)



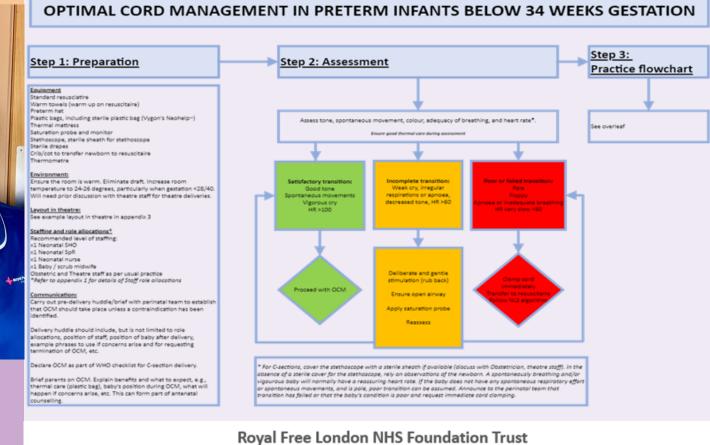
from British and white other groups. Preterm birth rates: 7% of all live births at the trust.



### Method

- . The Royal Free London Trust are in the very early stages of implementing the parent perinatal passport. We launched our parent passport on 1 April 2025.
- . A parent passport is a communication tool designed to help facilitate conversations between clinicians and parents and empower parents to be involved in their preterm baby's journey.
- To start this process, we developed a patient information leaflet (with the comms team) and an updated Preterm Guideline.
- We also submitted a digital request for the below icon to be added next to the mother's MRN on our maternity whiteboard, "nudge theory" to support those families to receive the appropriate clinical care.
- Prior to implementation we:
  - Discussed the passport in the twice daily huddles on labour ward that the launch was coming
  - . A reminder educational display is on labour ward.





Optimal cord management Percentage eligible received run chart 55.0% 50.0%

## **Optimal Cord Management**

Our QI work on optimal cord management commenced in February 2023. Initially, we created the following flowchart for guidance on management. Similarly to the passport, we then began educating staff and changing processes. As seen in the chart we have noted improvement in those

The passport will help complement ongoing QI projects at Royal Free and Barnet Hospital. We

importance of early breast milk EBM. Displaying the date visually with infographics, and sharing

share a monthly golden drops report with staff members highlighting our progress and the

eligible babies receiving delayed cord clamping. Through promotion of the passport and reviewing all of the 9 associated elements we hope to see this improvement continue and be sustained.

**Monthly Repor** 





