

Title: Safeguarding Simulation Course: trauma informed approach to crisis in health and social care

Background: With an increase in safeguarding cases noted both locally and nationally¹⁻³, we recognised a learning need across the organisation with regards to children and adult safeguarding.

Aims/Objectives: To develop a multi-disciplinary designed and delivered, trauma informed, safeguarding simulation course to roll out across the trust. The purpose is to discover if this intervention will lead to improved outcomes for our most vulnerable patients.

Method: We took real life cases from our teams recent experiences and reviewed incidents from our local reporting system to develop our simulation scenarios. Simulations were designed in collaboration with our multi-professional colleagues who also attended as faculty (see figure 1) . We ran 4 scenarios with a structured debrief during a whole day course.

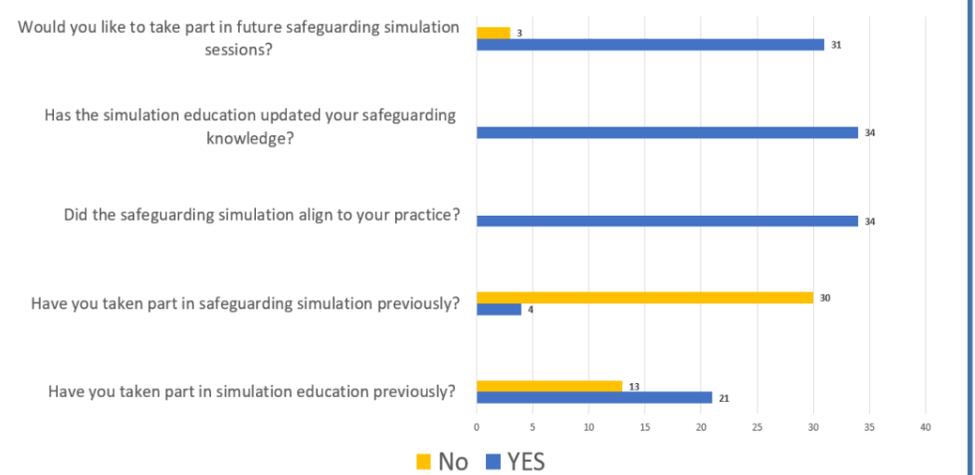


Figure 1 **Inter-professional Safeguarding Faculty Members**



Results: The pilot course has been delivered 3 times to a total of 40 participants. Participants included health care assistants, nurses, social workers, doctors, sexual health leads and allied health care professionals. Feedback from 34 participants was analysed (85% response rate). 100% of participants felt the simulation day had updated their safeguarding knowledge (figure 2). Please see figure 3 for snapshot of qualitative data from learners. 97% of participants gave 4 or 5 starts out of 5 for their overall course feedback.

Figure 2 **Learner Experience of Safeguarding Simulation**



“Fantastic training, well delivered, should be mandatory for all staff”

“Interactive and packed with helpful information”

“I find it easier to learn through interaction and simulation”

“It was interesting to meet colleagues from differing disciplines and hearing about the challenges they face when it comes to safeguarding and understanding behaviours”

Figure 3

Discussion: An MDT designed and delivered simulation safeguarding course is both deliverable and well received amongst a multi-professional group of learners. MDT simulation including participants from health and social care can help develop an understanding of each other’s roles and build relationships between teams.

Future directions:

- *Develop bespoke in situ MDT simulation courses in ‘hot spot’ areas e.g. ED, labour ward, trauma ward (for serious youth violence). A recent MDT in situ simulation on a children’s day unit received very positive feedback
- *Assess how these courses are affecting patient care and incidents by auditing safeguarding related incident reports from past and in the future
- *Incorporate a safeguarding element into all simulation courses across the trust



References:

1. Domestic Abuse Report (2023) [The-Domestic-Abuse-Report-2023-The-Annual-Audit-FINAL.pdf](https://www.womensaid.org.uk/resources/annual-audit/) (womensaid.org.uk),
2. MET Police: A Problem Profile of Violence, Gangs And Young People
3. NSPCC (2023) [Recently published case reviews](https://www.nspcc.org.uk/learn/learning-research/recently-published-case-reviews/) | NSPCC Learning.